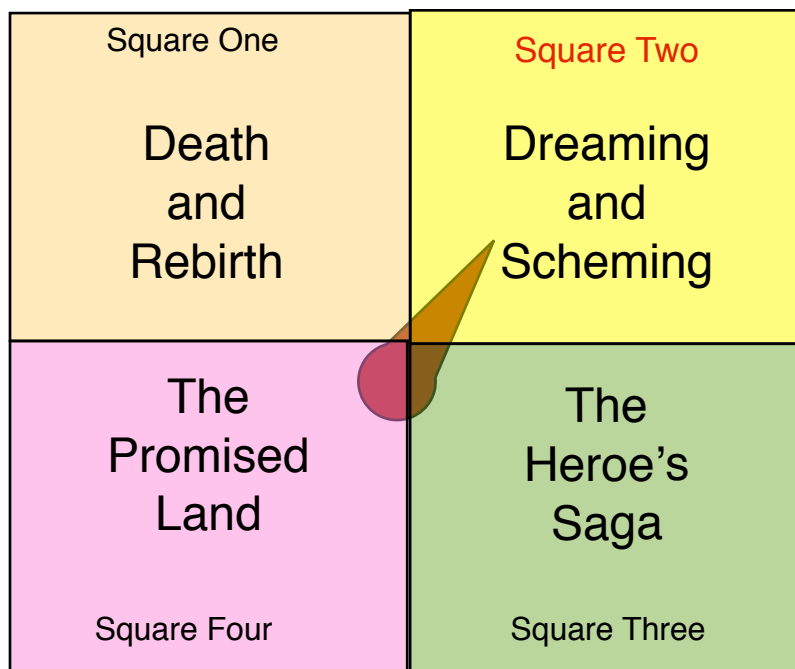


Square Two



For those of us who have just a few tiny control issues, Phase Two of the change process is as welcome as rain after drought. This is when the part of you that knows your destiny, the imago in your psyche, will begin giving you instructions about how to reorganize the remnants of your old identity into something altogether different. The word imago is the root of the words “image,” “imagination,” and “magic.” You’ll know you’re leaving Phase One and beginning Phase Two when your mind’s eye starts seeing images, imaginary pictures, of the life you are about to create. These can’t be forced like dissolving, they happen to you and they are never what you expected. You’re becoming a new person, and you’ll develop traits and interests your old self didn’t have. You may feel compelled to change your hairstyle or wardrobe, or redecorate your living space. The old order simply seems wrong, and you’ll begin re-ordering your outer situation to reflect your inner rebirth.

Here are some ways you might want to respond when you begin spontaneously imagining the future:

- Cut out magazine pictures you find appealing or interesting. Glue them onto a piece of butcher paper. The resulting collage will be an illustration of the life you’re trying to create.
- Let yourself daydream. Your job at this point is to try out imaginary scenarios until you have a clear picture of your goals and desires. You’ll save a lot of time, effort, and grief by giving yourself permission to do this in your head before you attempt it in physical reality.
- Experiment with new clothing styles, makeup, hairdos, home decor. Playing around like this is one way you’ll learn what you want to do and be.
- As this phase continues, you’ll feel an impulse to move from dreaming (imagining possibilities) to scheming (planning to bring your vision to fruition). Write down both dreams and schemes, then gather information about how you might create them.

As you can see, Phase Two is all about images: making them up, making them clear, making them possible. If you let yourself go with the flow, you’ll find that the imago of your imagination really does have the magical power to set your best future in motion.